

Dear recipient

The situation regarding the coronavirus has greatly deteriorated especially in the capital region. That is why we are calling upon all religious groups to protect their members and at the same time the rest of society.

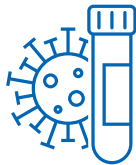
We hope that you do the following:



1. During all interactions masks are to be worn (over 15 year olds), social distancing is maintained and that you provide the means to ensure good hand hygiene (disinfectant).



2. You'll try to minimize events that are held in a physical location and if you do, ensure that at maximum only 10 people will attend.



3. You'll share information related to the coronavirus through your social networks and connections. For example, sharing information on how to get tested for having the virus.



4. Quarantine instructions are to be followed and we hope that you remind the members of your religious groups to follow them. When a person is quarantined it means that they are restricted from going outside of their home in all circumstances except if they can do it without interacting with any other person.



5. Remind the members of your religious groups that if they are sick or showing symptoms of sickness, they cannot go to stores nor take part in events that requires physical contact. Even when the person is showing small signs of having the coronavirus getting tested for it is recommended.



6. Remind the members of your religious groups that even when they have free time they should not meet up in a large group (more than 10). This also means that large family celebrations or other get-togethers cannot be held.

LET'S TAKE CARE OF OURSELVES AND EACH OTHER!

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